

## **Annex B – Further Information**

### **University Services and Contacts**

**Wellbeing Services (Exeter)** [www.exeter.ac.uk/wellbeing](http://www.exeter.ac.uk/wellbeing)

**Student Support and Student Health (Penryn)** <https://fxplus.ac.uk/student-support/support-wellbeing>

**Student Health Centre (Exeter)** [www.exeterstudenthealthcentre.co.uk](http://www.exeterstudenthealthcentre.co.uk)

**Students' Guild Advice Unit** [www.exeterguild.org/advice](http://www.exeterguild.org/advice)

**International Student Support** [www.exeter.ac.uk/internationalstudents](http://www.exeter.ac.uk/internationalstudents)

**University Health and Safety Standards** <https://www.exeter.ac.uk/staff/wellbeing/safety/>

### **General organisations**

#### **Direct Gov**

The UK government's website provides information on health, care and benefits during pregnancy, benefits for parents, and information on childcare providers in your local area (at <https://www.gov.uk/browse/childcare-parenting>)

#### **Family Planning Association**

Aims to establish a society in which everyone can make informed choices about sex, relationships and reproduction. Its website contains impartial advice on pregnancy, abortion and adoption, and also contains a list of useful organisations.

[www.fpa.org.uk](http://www.fpa.org.uk)

Helpline: 0300 123 7123

#### **National Health Service**

Provides information relating to pregnancy, abortion, health in pregnancy and maternity, and services provided by the NHS.

[www.nhs.uk](http://www.nhs.uk)

#### **National Union of Students**

Provides information and advice to students and students' unions about student finance, rights and welfare. Information for student parents is available on its website, along with research and publications about students with dependant children.

[www.nus.org.uk](http://www.nus.org.uk)

### **Specific organisations**

#### **Adoption UK**

A national charity run by and for adopters, providing self-help information, advice, support and training on all aspects of adoption and adoptive parenting.

[www.adoptionuk.org.uk](http://www.adoptionuk.org.uk)

### **Antenatal Results and Choices**

The only national charity that provides non-directive support and information to expectant and bereaved parents throughout and after the antenatal screening and testing process.  
[www.arc-uk.org](http://www.arc-uk.org)

### **British Pregnancy Advisory Service**

Supports reproductive choice and health by advocating and providing high-quality, affordable services to prevent or end unwanted pregnancies with contraception or by abortion. Also offers a range of other reproductive health services.  
[www.bpas.org](http://www.bpas.org)

### **The Miscarriage Association**

Offers support and information to anyone affected by the loss of a baby in pregnancy.  
[www.miscarriageassociation.org.uk](http://www.miscarriageassociation.org.uk)

### **SANDS**

The still birth and neonatal death charity – provides support to anyone affected by the loss of a baby and conducts research into the causes of still and neonatal death.  
<https://www.sands.org.uk/>